

Course Description

1. Back Safety	This course looks at the potential causes of back injuries, how to avoid them, safe lifting, alternative methods of lifting and carrying, and how to maintain a healthy back.
2. CGMP: Controls, Testing, and Records	This course looks at the controls, testing and records that must be adhered to in order to meet CGMP guidelines including the controls in place to maintain identity, purity and strength of gases; criteria for testing gases according to CGMP regulations; and policies regarding the record maintained of the production of gases.
3. CGMP: Qualifications, Equipment, and Filling Components	This course covers the qualifications of personnel and facilities, and policies regarding cleaning and calibration of equipment: CGMP regulations as applied to personnel and facilities producing medical gases; the proper handling of medical drug and industrial gases; and how often to clean and calibrate equipment.
4. CMV Driver Basics	This course focuses on the importance of being a safe driver, regulatory requirements, whistleblower laws, and the importance of healthy habits.
5. Confined Space Awareness (CGA)	This course covers cylinder and container examples and markings; equipment examples; understanding labels, symbols or pictograms and product classification; moving, storing, connecting and using cylinders and containers; emergency response and site security; and regulations.
6. DOT Driver's Training	This course covers the Department of Transportation's (DOT) driver's rules and regulations, the qualifications of being a driver, and the preparations, inspections and precautions that need to be taken before driving.
7. Drug- Free Workplace Supervisor Training	This course concentrates on ways for supervisors to recognize evidence of employee drug or alcohol abuse, how to document and conduct an appropriate investigation related to substance abuse, how to validate and confront an employee with a substance abuse problem and identify ways to implement basic requirements for drug testing.
8. Employment Law	This course provides an overview of federal employment law and the principles on which it is based using key employment law principles and laws that apply to your company, regulations for posting notices and how to contact the federal agencies that deal with small businesses.
9. Ergonomics: Computer Workstations Part 1	Part 1 of this course provides an overview of inexpensive and simple principles to minimize or eliminate identified workstation problems and how to create a "custom fit" workstation.
10. Ergonomics: Computer Workstations Part 2	Part 2 of this course explains the potential hazards of using computer monitors, keyboards and pointing devices as well as possible solutions to eliminate those hazards.
11. Ergonomics: Computer Workstations Part 3	Part 3 of this course explains the potential hazards of using palm supports, document holders, desks, chairs and phones as well as possible solutions to eliminate those hazards.
12. Filling of HP Industrial Gas Cylinders	This course looks at the properties and hazards of atmospheric gases; cylinder filler qualifications, training and personal protective equipment (PPE); cylinder and valve types and markings; pre-fill cylinder inspection, filling, labeling and documentation; handling and storing of full cylinders.
13. Forklift Safety Training Part 1	Part 1 of this course covers basic safety and component information, center of gravity and operating hazards.



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14. Forklift Safety Training Part 2	Part 2 of this course centers around forklift inspection and operation, load handling and forklift refueling.
15. Harassment in the Workplace	This course explores the definition of harassment and bullying, how they differ, the negative effects, and ways your company can develop policies against bullying.
16. Hazard Communication	This course focuses on OSHA's hazard communication standards, defining and identifying hazardous material, ways to prevent and minimize hazards, safety data sheets and changes implemented with the Globally Harmonized System of Classification and Labeling chemicals.
17. Indoor Air Quality	This course looks at the primary sources of indoor air quality problems, the main indoor pollutants, building problems that cause employee complaints, how to investigate employee complaints, OSHA indoor air quality inspections and what can be done to prevent or alleviate indoor air quality problems.
18. Lockout/Tagout	This course outlines the proper lockout/tagout practices and procedures for employees working with electrical, mechanical, hydraulic, pneumatic, chemical, thermal and other energy sources; the importance of controlling hazardous energy sources, and the necessary OSHA requirements to protect employees who may be exposed to these hazards.
19. Medical Device Reporting	This course provides you with the information you will need to comply with Medical Device Reporting (MDR) requirements including how medical devices are categorized, reporting of adverse events, the difference between mandatory and voluntary MDR, establishing MDR written procedures, records, files and procedures for complying with FDA medical device recall actions.
20. Nitrous Oxide Facts and Guidelines	The purpose of this course is to familiarize employees with facts about nitrous oxide, its legitimate uses, its effect on the body when abused and the recommended guidelines for selling and storing.
21. Occupational Health and Industrial Hygiene	This course addresses the importance of applying industrial hygiene principles developed by the Occupational Safety and Health Administration (OSHA) to make the workplace a safe environment for all employees through engineering, work practice and administrative controls.
22. Overview of Ergonomics	This course outlines the ergonomic fundamentals to all health care workers, the potential hazards common to the health care industry and possible solutions to overcome potential ergonomic hazards.
23. Oxygen Safe Handling and Storage (CGA)	This course provides basic safety information to inform the user so that hazards are understood and risks are mitigated and covers the following areas: oxygen properties, working around oxygen, fire hazards, oxygen leaks, spills, cleaning and materials of construction.
24. Personal Protective Equipment Part 1	Part 1 of this course illustrates the responsibilities you and your employer have regarding PPE, the different types of PPE and how each piece of PPE should be used.
25. Personal Protective Equipment Part 2	Part 2 of this course concentrates on the importance of respiratory and head protection.
26. Personal Protective Equipment Part 3	Part 3 of this course explains the importance of protecting your hearing, hands and feet.

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27. Prevention of Vehicle Accidents

This course demonstrates the rules, regulations and procedures associated with driving a commercial vehicle; helping to develop good driving habits to ultimately prevent vehicle accidents.

28. Safe Handling of Acetylene Cylinders

This course covers what acetylene is, acetylene cylinder and equipment overview, the safe handling of acetylene cylinders, and acetylene cylinders in fire situations.

29. Safety in the Workplace Part 1

Part 1 of this course explains the scope of safety responsibilities between employees and managers; how to recognize, analyze and control safety hazards; and define the different types of inspections that may occur.

30. Safety in the Workplace Part 2

Part 2 of this course highlights various subjects ranging from inspections you can expect on the job; policies and procedures involving the equipment you may be using; reporting and investigating accidents; and creating a successful safety committee.

31. Toxicology and Exposure

This course provides a summary of general toxicological principles on how to identify the properties of a material; the material and factors that influence toxicological exposure; how dosage, duration and route entry play a role in toxicological exposure; and how to guard against the toxic effects of materials found in the workplace or jobsite.